

Safe Lifting Techniques

Help your drivers with training on proper lifting



Lower back injuries are the most common work-related injury cited by the Occupational Safety and Health Administration (OSHA). Share the following tips with your drivers to keep them safe and healthy.

[Learn more](#)



Safe Lifting

[Download the handout](#)

Michael Humm, CDS, APSS, FSR, CSC

Sr. Manager of Loss Prevention & Safety Services

Cell: (317) 430-7071

michael_humm@progressive.com

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300 North Commons Blvd, Mayfield Village, OH 44143