

## IF YOU EXPERIENCE ANY OF THESE SIGNS OF FATIGUE

## IME TO TAKE A BREA



## Fluctuating speed

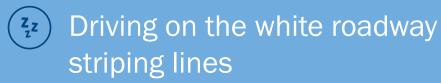


Driving slowly in the high speed lane



Changing lanes frequently for no apparent reason

- Forgetting to turn off the signal from your last lane change
- ZZZ Forgetting the last mile you drove, mile marker you passed or color of the last warning sign you passed



- ZZZ
  - Needing to roll down your window for fresh air



- Oncoming headlights bother you
- Constantly shifting in your seat ZZZ
- Inability to focus clearly ZZZ
- Needing caffeine or other stimulants to keep you alert

This information was obtained from various sources. While we believe it to be reliable and accurate, we do not warrant the accuracy or reliability of the information. These suggestions are not a complete list of every loss prevention measure. The information is not intended to replace the instructions or advice of a qualified professional. Protective Insurance makes no guarantees of the results from use of this information. We assume no liability in connection with the information nor the suggestions made.

