

J. J. Keller®

# VIDEO ON DEMAND CATALOG



**Protective Insurance Company is now offering Video On Demand (streaming video)!**

*Utilizing J. J. Keller & Associates, Inc.'s robust video library, Protective Insurance Company can provide you with up-to-date DOT, Hazmat, OSHA/Workplace Safety, Construction, and Human Resources (HR) videos.*



# CONSTRUCTION

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## **Back Safety – Construction Seven-Minute Solutions (8 min.)**

**DM-24506**

Covers the most common sources of back pain: improper lifting techniques; excessive or repetitive twisting, bending or reaching; lifting heavy loads; and corrective actions for each one. Delivers refresher training for veteran workers and covers the basics for new workers.

## **Bucket Truck Safety (26 min.)**

**DM-24516**

Performing job duties in, around, and with the use of bucket trucks, could lead to possible injury to operators, vehicle repair/replacement, and even higher insurance premiums. This program covers proper bucket truck safety principles that promote safety on the job as well as reduce the chance of accidents and injuries.

## **Confined Spaces: Entry Team Training – Construction Activities (27 min.)**

**DM-39448**

**DM-47367 SPANISH**

Addresses initial and refresher training requirements for the core members of an entry team (authorized entrants, attendants, and entry supervisors). Explains how to recognize the signs, symptoms, and characteristic effects of exposure to confined space hazards. Covers precautions that must be taken before a confined space is entered. Covers how to recognize and avoid unsafe conditions. Describes proper use of required protective and emergency equipment. Defines the role of the emergency rescue team.

## **Construction Hazard Perception Challenge (57 min.)**

**DM-24515**

Teaches hazard perception through a fast-paced series of visual encounters or near encounters, which are followed by a multiple choice or fill in the blank challenge question. Delivers five convenient “stop-and-discuss” segments, with 30 scenarios covering: fall protection, work zone safety, scaffolding, forklift safety, trenching and shoring, PPE, hand and power tools, crane safety, and more.

## **Construction Safety Basics: In Case of an Emergency (14 min.)**

**DM-51073**

**DM-51072 SPANISH**

Describes appropriate actions to take in the event of an emergency. Covers emergency action plans, first aid/emergency response, bloodborne pathogens, HAZWOPER, workplace violence, and medical records.

**NEW**

## **Construction Safety Basics: Safe Use of Equipment (17 min.)**

**DM-51075**

**DM-51074 SPANISH**

Covers how to recognize hazards associated with using tools and equipment, and identifies safe ways to operate them. Covers hand and power tools; stairways and ladders; scaffolds, aerial lifts and scissor lifts; heavy equipment; and lockout/tagout.

**NEW**

## **Construction Safety Basics: Work Environment (24 min.)**

**DM-50052**

**DM-50053 SPANISH**

Designed to encourage good safety habits and provide an introduction to various engineering controls that can be used to create a safe work environment. Specifically covers health hazards; hazcom; safety signs/tags; electrical safety; fire safety; confined spaces; hot work; trenching and excavations; work zones and flaggers; and temperature extremes.

**NEW**

## **Construction Safety Basics: Work Practices (17 min.)**

**DM-50050**

**DM-50051 SPANISH**

Covers safe work practices and procedures that can help employees protect themselves and other around them. Topics include wellness; back safety; material handling; fall protection; and personal protective equipment.

**NEW**

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## Crystalline Silica for Construction Employees (13 min.)

### DM-52035

This program outlines workplace tasks that could result in exposure to crystalline silica; identifies health hazards caused by exposure to crystalline silica; explains various methods of communicating crystalline silica hazards: labels, safety data sheets, and signs; covers how employees can apply exposure control measures to protect themselves from the effects of crystalline silica dust; discusses the role a competent person plays in crystalline silica exposure control; and explains the purpose of OSHA's required medical surveillance program.




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## Crystalline Silica for Construction Employers (15 min.)

### DM-52034

This program is designed to educate employers on how to protect workers from the dangers of crystalline silica dust. Specifically, it covers 29 CFR 1926.1153, OSHA's Respirable Crystalline Silica Rule for Construction. Employers will learn how to recognize workplace tasks that could result in exposure to crystalline silica; identify health hazards caused by exposure to crystalline silica; recall the various methods of communicating crystalline silica hazards: labels, safety data sheets, and signs; apply exposure control measures to protect workers from the effects of crystalline silica dust; discuss the role a competent person plays in exposure control; and explain the purpose of OSHA's required medical surveillance program.




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## Electrical Safety – Construction Seven-Minute Solutions (10 min.)

### DM-24507

Presents safe work practices that can help eliminate the hazards that can cause electrocution, a major cause of death on construction sites. Includes information on lockout/tagout; working near energized lines; proper PPE; and the first responder system. Delivers refresher training for veteran workers and covers the basics for new workers.

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## Fall Protection – Construction Seven-Minute Solutions (12 min.)

### DM-24508

Provides an overview of the responsibilities of the employer: evaluating the jobsite; selecting and installing proper fall protection systems and equipment; and training workers. Addresses employee responsibilities, such as using systems and equipment properly; applying safe work practices; and always using systems and equipment to prevent falls from happening.

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## Fall Protection for Construction (22 min.)

### DM-24513

Falls are the leading cause of fatalities in the construction industry. The lack of fall protection is the most-cited OSHA standard for construction companies. This video helps educate workers on OSHA's fall protection requirements and teaches them about the various systems designed to protect them. It also discusses protection from falling objects and the use of a fall protection plan. The program explains the proper use of the following fall protection methods: guardrails, safety nets, personal fall arrest systems, positioning device systems, warning line systems, controlled access zones, safety monitoring systems, and covers.




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## Forklift Workshop for Construction (36 min.)

### DM-24517

#### DM-24518 SPANISH

Helps trainers meet the formal, practical, evaluation, and refresher training requirements of OSHA's 29 CFR Section 1926.602(d) and 1910.178(l). Provides forklift operators – new and veteran – with training on key safety and operation practices. Workshop format reinforces learning using hands-on practice tools, exercises and learning activities. Covers the following topics: operating a forklift in a constantly changing environment; avoiding hazards on a jobsite; understanding combined center of gravity and the stability triangle; performing pre-operational inspections; reading load charts; keeping the forklift and the load stable; and placing a load.




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## Hand & Power Tool Safety – Construction Seven-Minute Solutions (10 min.)

### DM-24509

Covers the importance of using tools safely; wearing proper PPE; guarding moving parts; control switches; and how to identify unsafe tools and remove them from service. Delivers refresher training for veteran workers and covers the basics for new workers.

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## PPE – Construction Seven-Minute Solutions (10 min.)

### DM-24510

Provides an overview of employer requirements such as assessing the need for PPE and providing it to employees. Addresses employee responsibilities, such as using, maintaining and storing PPE properly. Delivers refresher training for veteran workers and covers the basics for new workers.

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## **Stairways & Ladders – Construction Seven-Minute Solutions (11 min.)**

### **DM-24511**

Covers when ladders and stairways are needed; inspection methods; proper set-up and use of ladders; recognizing and dealing with ladder and stairway hazards; differences between fixed and portable ladders; ladder construction; and correct stairway design. This program delivers refresher training for veteran workers and covers the basics for new workers.

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## **Trenching & Shoring Safety (23 min.)**

### **DM-24514**

This video helps workers understand and practice safe excavation procedures and meet requirements of the OSHA excavation standard (29 CFR Part 1926, Subpart P-Excavations).

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## Accident Procedures: Driver Training Series (20 min.)

### DM-45583

Illustrates a step-by-step procedure of what must be done in the event of a crash. Reminds drivers proper actions can prevent further injuries and damages, and protect themselves and their companies from liability.

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## Adverse Weather – Straight Truck Solutions (13 min.)

### DM-24487

Covers the key points of driving of straight trucks and vans safely in heavy rain, snow, ice, fog and wind. Also stresses the importance of pre-trip inspections and slowing down in poor conditions.

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## Air Brakes – Master Driver (24 min.)

### DM-24447

Covers important information CMV drivers need to know about air brakes, including fundamentals of air brake techniques; mechanics and operation; helping drivers avoid crashes, liability and down time. Uses Hazard Perception Challenge® scenarios to test drivers' hazard perception skills.

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## Alcohol & Drug Testing: What Drivers Need To Know (25 Min.)

### DM-38795

Discusses the specific rules under Parts 40 and 382 of the FMCSRs, including key definitions, prohibited conduct, and the circumstances under which drivers will be tested. Covers the six types of testing required (pre-employment, post-accident, random, reasonable suspicion, return-to-duty, and follow-up). Features scenarios that go through alcohol and drug testing processes and procedures. Includes information on the consequences of refusing to submit to testing, what it means to be referred to a substance abuse professional, and why it's so important that drivers comply with the alcohol and drug testing requirements.



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## At the Scene! – Extreme Seven-Minute Solutions (10 min.)

### DM-24464

Shows drivers the hows and whys of staying calm while coping with a crash. Explains what to do in the first few minutes after an incident ... valuable step-by-step guidance your drivers can use to keep a bad situation from getting a whole lot worse.

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## Backing (18 min.)

### DM-24473

Helps train drivers on backing basics to help avoid costly damage to vehicles. This video addresses common backing maneuvers drivers must know how to perform, including: straight-line backing, alley dock backing, parallel parking, blind-side backing, and jack-knife backing.

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## Backing & Parking – Straight Truck Series (15 min.)

### DM-51288

Designed to help drivers understand the basic techniques for safely backing and parking a straight truck, including important precautions and maneuvers for avoiding fixed object collisions, such as recognizing obstruction; using flashers and mirrors; removing distractions; using a spotter when available; and maintaining clearance.



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## Backing Techniques – Master Driver (21 min.)

### DM-24440

Covers important information drivers need to know, including: basic elements of backing; types of backing maneuvers; how to safely and properly execute these maneuvers; the most common backing errors and problem areas; straight-line backing; sight-side backing; jacking and chasing; alley dock backing; blind side backing; and more. Uses Hazard Perception Challenge® scenarios to test drivers' hazard perception skills.

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## Cargo Securement Flatbeds (24 min.)

### DM-26005

Covers the requirements of the cargo securement standard (FMCSR 392.9 and Part 393, Subpart I). Addresses CSA implications of cargo securement violations to help carriers and drivers reduce cargo securement violations that will be placed into the Safety Measurement System (SMS). Covers cargo securement best practices and personal safety, and reinforces that the regulations are the minimum requirements that need to be met.



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## CMV Driver Basics (42 min.)

### DM-24500

All entry-level drivers who drive in interstate operations and are subject to the CDL requirements must receive entry-level training. This training will help you satisfy that requirement. It focuses on four topics that must be covered: driver qualification, driver wellness, hours of service, and whistleblower protection.



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## Coupling & Uncoupling – Master Driver (26 min.)

### DM-24450

Provides step-by-step procedures for safe coupling and uncoupling of singles; gives an overview for coupling and uncoupling doubles; and emphasizes areas where most coupling and uncoupling problems occur. Uses Hazard Perception Challenge® scenarios to test drivers' hazard perception skills.

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## CSA: Know the BASICS (47 min.)

### DM-27678

Provides an overview of the FMCSA's Compliance, Safety, Accountability (CSA) program and a brief discussion of where the data used in CSA comes from. Helps drivers understand what CSA is and what it means to them and their carrier, including FMCSA interventions. Covers the seven BASICS (Behavior Analysis Safety Improvement Categories) used in the CSA Safety Measurement System (SMS). Helps drivers understand severity and time weighting of violations, calculation of BASIC measures ("normalizing" process), and peer comparison within Safety Group Events.

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## Defensive Driving – EYE ON (50 min.)

### DM-24481

This course: uses the Hazard Perception Challenge® format in which driving scenarios are followed by an interactive what-did-you-see/what-would-you-do question. It helps teach drivers how to apply hazard perception skills to defensive driving situations and features scenarios involving pedestrians, city and rural driving, heavy traffic and more.



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## Defensive Driving – Seven-Minute Solutions (10 min.)

### DM-24465

Gives drivers an overview of the elements critical to defensive driving: visual scanning, identifying and dealing with road and user hazards, and communicating clearly with other motorists.

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## Defensive Driving for Light & Medium Duty Vehicles (25 min.)

### DM-30195

Aimed at drivers of Class 1-6 light and medium duty vehicles. Video covers defensive driving preparation; hazard perception; the defensive driving attitude; and other techniques that will help drivers stay safe on the roadways.



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## Distracted! Driving (25 min.)

### DM-24799

This video is aimed specifically at CMV drivers and others who drive as part of their profession (sales people, business travelers, small vehicle delivery drivers, military personnel, public servants, cabbies and more). It details strategies drivers can use to deal with their own distracted driving and that of others. Topics covered in this video include: types of distractions; technology as a distraction; inattention blindness; steps to avoid distracted driving; recognizing the signs of other distracted motorists; and what to do when sharing the road with a distracted driver.



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## Driver Fatigue – Seven-Minute Solutions (9 min.)

### DM-24466

Stresses how DOT's Hours of Service regs help prevent driver fatigue. Reviews steps drivers can take to keep alert on the road, from improving stress management and sleeping habits to learning how to recognize the signs of fatigue.

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## Drivers, Drugs & Drinking (20 min.)

### DM-24437

Covers critical issues every driver must be made aware of, including the devastating effects that drugs and alcohol have on the driver and the driver's career; the often tragic consequences of abuse; and DOT regulations that affect drivers, and how to comply.

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## Driving Techniques: Driver Training Series (15 min.)

### DM-45584

Covers pro-level techniques for defensive driving; right and left turns; intersections; merging; passing; underpasses; railroad crossings and roundabout.

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## Driving Techniques: Straight Truck Series

### DM-51289

Designed to help drivers understand the basic driving techniques that will help them develop the skills and attitude necessary to safely operate a straight truck. Specifically, it covers the importance of driving defensively and knowing how to safely maneuver a straight truck through turns and intersections; over railroad crossings; while merging and passing; and while driving through roundabouts. The program also covers how driving techniques should change when driving at night or in extreme weather conditions.



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## Dry Van Cargo Securement (22 min.)

### DM-24474

Unsecured or improperly secured cargo can cause accidents, injuries, and even death. What's more, under CSA, cargo securement violations can increase your Vehicle Maintenance BASIC score and lead to an intervention. By training your drivers on load securement requirements, you'll help to reduce the chance of accidents and violations. This program covers: securement requirements and proper securement techniques for various types of dry vans and reefers; how to determine the number of tiedowns; when to re-examine and adjust cargo; pre-trip inspections; cargo distribution; securement devices; working load limits and aggregate working load limits.

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## Emergency Maneuvers: Driver Training Series (16 min.)

### DM-45585

Teaches prevention of emergency situations through hazard perception skills and pre-trip vehicle inspections. Covers the use of escape routes in some common emergency situations, emergency braking, basic skid control and recovery, and minimizing damage when a collision is unavoidable.

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## Extreme Weather Driving: Driver Training Series (22 min.)

### DM-45586

Discusses techniques for handling a variety of dangerous and potentially deadly weather conditions, including fog, rain, snow, ice and wind.

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## Fixed Object Collisions: Driver Training Series (16 min.)

### DM-45587

Covers important information drivers need to know about avoiding fixed object collisions: causes, prevention, overhead obstructions, cornering and backing.

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## Hours of Service Canada: A Driver's Guide (30 min.)

### DM-24499

This video shows you how to comply with Canadian Hours of Service requirements, and helps you satisfy Canada's Commercial Vehicle Drivers Hours of Service Regulations. It explains the "hows" and "whys" of Canada's HOS regs, and covers key topics, including: daily maximums, off-duty requirements, weekly cycles, and more.

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## Hours of Service Rules for Property-Carrying CMV Drivers (26 min.)

### DM-50046

Provides an overview of the Hours of Service (HOS) rules and regulations drivers must comply with. Explains how to apply the regulations; manage time spent driving on-duty and off-duty; and maintain current, accurate record of duty status.



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## **Injury Prevention for CMV Drivers (29 min.)**

### **DM-48452**

Helps drivers avoid preventable injuries while on the job by recognizing and avoiding risks and adopting safe work practices. Explains how to mount and dismount their tractor trailer; describes safety precautions to take when conducting inspections and while stopped on the side of the road; discusses positions and techniques to help prevent long-term injuries; explains how to properly load and unload cargo and move around the loading dock safely; describes how to operate landing gear, pull releases, and position converter dollies by hand; and identifies ways to stay safe while working outdoors in extreme heat or cold temperatures.

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## **Ins & Outs of Loading Dock and Warehouse Safety (19 min.)**

### **DM-24476**

Reduce the risk of driver and dock worker injury with this specialized training. Topic-specific training covers safety issues unique to drivers, loading dock workers, and warehouse employees. Reviews common causes of injuries and cargo damage and shows all employees how to steer clear of hazards like these: slips and falls caused by wet or oily docks; back injuries resulting from improper lifting or carrying; hearing damage from loud noise levels; falling objects; injuries from careless material handling equipment operation; and use of forklifts.

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## **Loading & Unloading – Straight Truck Solutions (13 min.)**

### **DM-24490**

Provides tips and guidelines for the safe loading, securing, and unloading of straight trucks and vans. Also discusses basic materials-handling equipment and explains how drivers can avoid injury through proper body mechanics.

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## **Mirrors – Seven-Minute Solutions (8 min.)**

### **DM-24467**

Provides tips and techniques on properly adjusting mirrors and effectively using them when driving, merging, passing, and braking.

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## **Motorcoach: Defensive Driving (25 min.)**

### **DM-26562**

This video covers: seeing and being seen, which includes using visual scans to actively look for hazards; having heightened awareness, which includes hazard awareness and hazard perception, having a plan and being ready to carry out the plan; managing your speed and space, which includes information on speed management, space management and using a safety cushion to prevent crashes and provide a safe, smooth ride for passengers.

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## **Motorcoach: Vehicle Inspections (29 min.)**

### **DM-26557**

This video covers: the 6-step procedure for conducting thorough pre-trip inspections; on-the-road inspections, and critical areas to check when stopped; post-trip inspections (which usually mirror pre-trip inspections) and the information that's recorded on the DVIR; the consequences of missed inspection points; and the connection between proper vehicle inspections and customer safety and service. It also helps protect your company's bottom line from the high costs of violations counted in CSA and reduces the likelihood of your company undergoing a full compliance review intervention.

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## **Mountains! – Extreme Seven-Minute Solutions (11 min.)**

### **DM-24459**

Covers the dangers of mountain driving, including ascending and descending steep grades and the added dangers of inclement weather.

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## **Night Driving – Driver Training Series (14 min.)**

### **DM-45588**

Discusses driver, vehicle, and roadway factors that can lead to night-time incidents and crashes. Provides helpful tips for increasing night-driving safety. Covers important information drivers need to know about driving at night, including: headlights, glare, speed, impaired drivers, animals, visibility, fatigue, and more.

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## **Pattern Driving – Master Driver (23 min.)**

### **DM-24452**

Provides strategies to help keep drivers alert and aware while on the road. Helps drivers avoid hazardous situations that can occur when coming out of a pattern-driving daze. Addresses ways drivers can resist: highway hypnosis; everyday complacency; and other dangerous pattern-driving behaviors. Uses Hazard Perception Challenge® scenarios to test drivers' hazard perception skills.

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**Personal Safety & Security for Drivers (22 min.)**

**DM-48449**

This program is designed to help drivers protect themselves against potential dangers to their personal safety during trip planning, when on the road, and during every stop along the way. They will learn strategies for establishing a heightened sense of awareness of their surroundings and potential dangers they may encounter, as well as how to recognize threats and react appropriately to keep the situation from escalating. They will also learn how to apply techniques to minimize their risk of being targeted in the first place.




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**Railroad Crossing – Seven-Minute Solutions (9 min.)**

**DM-24468**

Reviews proper procedures to follow when approaching and crossing railroad tracks. It also explains special requirements for hauling hazardous materials.

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**Rain! – Extreme Seven-Minute Solutions (10 min.)**

**DM-24458**

Provides a quick refresher on the dangers of driving in wet weather: limited visibility, loss of traction, hydroplaning, and mechanical problems. It also reviews proper following and stopping distances and covers the hazards posed by standing water and soft shoulders.

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**Reasonable Suspicion Testing: What Supervisors Need To Know (27 Min.)**

**DM-38961**

Helps supervisors understand their critical role in determining reasonable suspicion, how to spot the signs of alcohol misuse and illegal drug use, and what to do when they suspect a driver is impaired. Reviews the reasonable suspicion process, shows how to properly document observed behaviors, and helps build supervisors' confidence so they can respond appropriately.




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**Road Rage! – Extreme Seven-Minute Solutions (10 min.)**

**DM-24463**

Defines the problem of road rage, explains how it affects professional drivers, and covers what your drivers can do to prevent becoming victims of – or contributors to – road rage.

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**Road Work! – Extreme Seven-Minute Solutions (11 min.)**

**DM-24462**

Shows drivers how to manage their vehicles in and around road construction areas. Also focuses on the necessary precautions that should be taken in work zones, and the special hazards to look for.

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**Roadside Inspections: A Driver's Guide, 2nd Edition (23 min.)**

**DM-24483**

This video will help you train drivers to help them pass inspections and avoid being placed out of service. You will also be shown how to prepare for the annual Roadcheck enforcement program. The following topics are also covered: roadside inspections - who conducts them and why; the Six Levels of Inspections; how drivers should prepare for a roadside inspection; how drivers should prepare their vehicles for a roadside inspection; how drivers should conduct themselves during a roadside inspection; CVSA out-of-service criteria; results of a failed roadside inspection; and consequences of a failed roadside inspection.




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**Rollover! – Extreme Seven-Minute Solutions (9 min.)**

**DM-24460**

Helps prevent rollovers by making drivers more aware of factors causing them: speed (especially at exit and entrance ramps), wind, fatigue, inattentive drivers, and "phantom vehicles."

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**Rural Driving – Master Driver (24 min.)**

**DM-24454**

Helps drivers recognize and deal with the unique set of hazards they normally don't contend with when driving on interstate highways. Covers: sharing the road with school buses, farm equipment, and horse-driven buggies; tips for handling high-risk situations; specific driving strategies for safer rural driving; negotiating passing lanes and passing; how to avoid falling into routine or pattern driving; and more. Uses Hazard Perception Challenge® scenarios to test drivers' hazard perception skills.

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**Safe Driving: School Bus Drivers – Accident Procedures (13 min.)**

**DM-24589**

This video provides strategies for dealing with traffic accidents, including nine steps that must be done after a crash.

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**Safe Driving: School Bus Drivers – City Driving (13 min.)****DM-24592**

This video provides strategies for dealing with heavy traffic, including communicating with other drivers, keeping a safety cushion of space around the bus, anticipating hazards, and keeping a good attitude.

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**Safe Driving: School Bus Drivers – Defensive Driving (9 min.)****DM-24590**

This video reviews visual scanning, road hazards, and communicating clearly with other motorists.

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**Safe Driving: School Bus Drivers – Driving Techniques (15 min.)****DM-24484**

This video provides practical information to help drivers operate more safely, explains defensive driving and how to be a better decision maker and emphasizes safety skills for key concerns such as railroad crossings, turning, merging, intersections and backing.

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**Safe Driving: School Bus Drivers – Emergency Maneuvers (12 min.)****DM-24729**

This video discusses the importance of knowing what to do when emergency situations occur and helps build and refine skills and techniques so making the right choice becomes second nature.

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**Safe Driving: School Bus Drivers – Passenger Safety (14 min.)****DM-24728**

This video explains proper entering and exiting procedures as well as emergency bus evacuations and shows how to set effective conduct rules and enforce them to help drivers manage students and maintain order.

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**Safe Driving: School Bus Drivers – Seeing Hazards (14 min.)****DM-24485**

This video helps to improve safety by sharpening perception skills needed to avoid dangerous situations and accidents and covers issues such as proper seat and mirror positioning, correct mirror use, overcoming restricted vision, correct visual scanning techniques, and enhancing hazard awareness.

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**Safe Driving: School Bus Drivers – Using Your Mirrors (9 min.)****DM-24591**

This video covers proper use of mirrors when driving, waiting, merging, passing, and backing and addresses importance of adjusting mirrors prior to and during operation.

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**Safe Driving: School Bus Drivers – Vehicle Inspections (13 min.)****DM-24588**

This video focuses on the 7-step vehicle inspection method and stresses importance of completing regular, thorough pre- and post-trip inspections.

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**Seeing Hazards – Seven-Minute Solutions (9 min.)****DM-24469**

Discusses the kinds of hazards drivers are likely to encounter on the road, and more importantly, how to handle these dangers effectively. Covers road construction, bridges, accidents, and other hazards.

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**Speed & Space Management – EYE ON (37 min.)****DM-24482**

Instructs drivers using hazard perception challenge methodology. Shows drivers a variety of scenarios about speed & space management. Each scenario pauses to ask drivers “what did you see” and “what would you do next” questions. Reviews the basic elements of speed and space management, including managing space ahead, stopping distance, speed and vehicle handling, managing space around, above, and below the vehicle, maintaining a space cushion, and driving through road construction work zones.

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**Speed & Space Management – Master Driver (16 min.)****DM-24442**

Helps raise awareness and help drivers develop the right attitude to drive safely and efficiently. Explains the dangers of speeding and failing to maintain an appropriate space cushion. Covers: driving too fast (and too fast for conditions); speed and curves; appropriate following and stopping distances; handling hazards around the vehicle; and more. Uses Hazard Perception Challenge® scenarios to test drivers’ hazard perception skills.

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## **Tanker Driving Techniques (21 min.)**

### **DM-24456**

Give your tanker drivers specialized training that addresses tanker-specific driving techniques and vehicle inspection. This video discusses load shift (sloshing and surging) when starting, stopping and cornering. It also covers defensive driving, railroad crossings, and underpasses.

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## **Tanker Vehicle Inspections (23 min.)**

### **DM-24455**

Addresses tanker-specific driving techniques and vehicle inspection. This video covers how to conduct a tanker inspection as well as standard vehicle inspection. It also covers a seven-step pre-trip inspection, post-trip inspection, and the use of the Driver's Vehicle Inspection Report (DVIR).

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## **Traffic! – Extreme Seven-Minute Solutions (11 min.)**

### **DM-24461**

Explores the challenges associated with ever-increasing traffic and demonstrates techniques for avoiding traffic-related accidents (even on the most jam-packed roadways). It provides valuable tips for driving in congested areas.

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## **Ups & Downs of Material Handling Equipment Safety (21 min.)**

### **DM-24477**

Show employees how to use material handling equipment with this specialized training. This training covers the safety issues unique to drivers, loading dock workers, and warehouse employees. It reviews important safety procedures related to the use of material handling equipment and shows employees how to safely operate pallet jacks, high-lift stackers, dock levelers, hand trucks, forklifts, and more.

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## **Vehicle Inspections – Straight Truck Solutions (13 min.)**

### **DM-24492**

Demonstrates a vehicle "walk-around" showing the areas of the straight truck that need to be checked. Stresses the importance of pre-trip, post-trip, and on-the-road inspections.

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## **Vehicle Inspections: Tractor Trailers (40 min.)**

### **DM-48446**

Provides a comprehensive, streamlined examination of the 3 types of inspections and explains why performing each can ultimately prevent costly breakdowns and deadly crashes: Pre-Trip (\$392.7 and \$396.13); On-the-Road (\$392.9 and \$397.1); and Post-Trip (\$396.11). Includes step-by-step inspections demonstrated using the latest advances in camera and video production technology and highlights areas of the tractor trailer with higher potential to cause a serious crash or breakdown.

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## **Wind! – Extreme Seven-Minute Solutions (10 min.)**

### **DM-24457**

Advises drivers how to control their vehicles in extremely windy conditions. With the longer "sail" surface on 53-foot trailers, and with newer trailers being built lighter, rollovers can occur more easily in extreme conditions – even when at a standstill.

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## **Yard Spotting – Seven-Minute Solutions (10 min.)**

### **DM-24470**

Reviews safe and efficient operation of yard tractors and day cabs. Covers basic skills related to backing, coupling and uncoupling, and proper use of mirrors.

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# HAZMAT

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## Hazmat Security Awareness (19 min.)

### DM-24503

You must provide all your hazmat employees with security awareness training, including new employees within 90 days of their hire date. This video covers: security issues associated with hazardous materials transportation; how to recognize and respond to possible security threats; employee background checks; and how employees can contribute to facility security.

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## Hazmat Training: What's Required & How To Comply (18 min.)

### DM-36153

Helps trainers meet the regulatory training requirements of 49 CFR 172.704 for hazmat employee training. Provides clear, instructional information for trainers regarding "what's required" and "how to comply" with the Hazardous Materials Regulations (HMR) training requirements. Covers 4 types of required training: general awareness training, function-specific training, safety training, and security awareness training. Walks trainees through the Hazardous Materials Regulations (HMR) to help them understand: what kind of information can be found in the Hazardous Materials Table; how markings, labels and placards differ; and why including emergency response info with shipping papers is so important. Can be used with Hazmat Security Awareness program (see above) to help satisfy security awareness training.



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## Hazmat Transportation: Driver Training (27 min.)

### DM-40552

Helps meet the initial and recurrent training requirements in four required areas under 49 CFR 172.704: General Awareness, Function-Specific, Safety, and Security Awareness. Provides an overview of what drivers must know and do to transport hazardous materials safely. It walks trainees through the Hazardous Materials Regulations (HMR) to help them understand: hazard classification; types of information contained in the hazardous materials table; shipping papers and emergency response information; packaging and marking; labels and placards; loading and segregation; transportation safety; and security awareness.



# HR & LEGAL COMPLIANCE

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### **ADA for Supervisors (35 min.)**

#### **DM-24835**

This video helps supervisors and managers gain a general awareness of the Americans with Disabilities Act and why it is important to understand how the law works. It outlines what supervisors must do when dealing with ADA issues in order to assist employees who request accommodations and help the company stay in compliance.

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### **Addressing Personal Issues (38 min.)**

#### **DM-24551**

Shows supervisors how to address sensitive situations with skill and confidence, and accomplish discussion-based resolutions. Covers: dealing with absences due to family issues, and inappropriate dress and personal grooming.

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### **Conducting Layoffs & Terminations (33 min.)**

#### **DM-24552**

Shows supervisors how to address sensitive situations with skill and confidence. Covers: terminating for tardiness (the importance of progressive discipline); terminating for poor job performance; terminating for violence and gross misconduct; and responding to termination rumors.

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### **FMLA for Supervisors (27 min.)**

#### **DM-24834**

Helps supervisors and managers gain a general awareness of the Family and Medical Leave Act laws, why it is important for them to know how the law works, and outlines what supervisors must do when dealing with an employee's FMLA issues to help the employee and the company stay in compliance.

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### **Managing Conflict (46 min.)**

#### **DM-24553**

Shows supervisors how to address sensitive situations with skill and confidence, and accomplish discussion-based resolutions. Covers: helping employees work together to build an action plan for change; maintaining tact and providing examples of problem behavior; when it's necessary to include a witness in a disciplinary meeting; and differences in work styles – establishing common ground to build solutions.

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### **Providing Performance Coaching (36 min.)**

#### **DM-24555**

Shows supervisors how to address sensitive situations with skill and confidence, and accomplish discussion-based resolutions. Covers: helping an employee take an active part in an improvement plan; keeping the emphasis on performance rather than actions; the importance of listening and providing feedback; and keeping sessions private and confidential.

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### **Sexual Harassment: Training for Supervisors and Employees**

#### **DM-27661 SUPERVISOR (27 min.)/EMPLOYEE (25 min.)**

#### **DM-36546 CALIFORNIA EDITION**

The supervisor training covers the definition of sexual harassment, the laws surrounding it, and the supervisor's role in enforcing company policy (both recognizing and responding properly to potential harassment situations). The employee training covers the definition of sexual harassment, the laws surrounding it, and what they should do if they are the victims or witness of sexual harassment. California Edition includes print materials with California-specific information.



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### **Substance Abuse Training for Supervisors and Employees**

#### **DM-24795 SUPERVISOR (25min)/ EMPLOYEE (14 min.)**

#### **DM-24796 SPANISH FOR EMPLOYEES (14 min.)**

This video can be used to satisfy the supervisor training and employee education components of a comprehensive drug- and alcohol-free workplace program. It covers the importance of consistently enforcing your company's substance abuse policy; the elements of a comprehensive substance abuse policy; recognizing observable behaviors that may mean an employee is impaired by alcohol and/or drugs; common alcohol and drug testing procedures; and the signs, symptoms and effects of substance abuse.



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## Workplace Bullying and Violence: Training for Supervisors and Employees

**DM-30135 SUPERVISOR (24 min.)/EMPLOYEE (22 min.)**

This video examines workplace bullying and workplace violence. After viewing this video, learners will be able to: distinguish between professional disagreements and workplace bullying or violence; define bullying in the workplace; describe how bullying and violence impact the workplace; recognize warning signs of workplace bullying and workplace violence; and identify actions that can be taken to prevent bullying and workplace violence.



# WORKPLACE SAFETY

# WORKPLACE SAFETY

## Back Safety: Keep Your Back In Action (33 min.)

**DM-38235**

This program covers a variety of simple, practical techniques and behaviors for common workplace situations. It can help your employees learn simple, everyday behaviors for proper back alignment and avoiding injuries and downtime caused by unsafe lifting. This program goes beyond workplace conditions to emphasize how an employee's lifestyle outside the job affects back health, so that bad habits at home don't contribute to lost productivity at work.

## Bloodborne Pathogens: Safety In The Workplace (23 min.)

**DM-44020 (With EyeCue® Visual Learning System)** 

**DM-49291 SPANISH (With EyeCue® Visual Learning System)** 

Designed to help trainers cover the key aspects of bloodborne pathogens training and ensure that all employees recognize bloodborne pathogen hazards and their own roles and responsibilities in safeguarding themselves at work. The program also includes a 9-minute refresher video that reinforces the information and concepts in the Main Program video and can be used for required annual training.

## Confined Spaces: Entry Team Training - Maintenance Activities (27 min.)

**DM-45389 (With EyeCue® Visual Learning System)** 

**DM-45385 SPANISH (With EyeCue® Visual Learning System)** 

Addresses initial and refresher training requirements for the core members of the entry team: authorized entrants, attendants and entry supervisors.. It covers a variety of topics, including potential hazards inherent to permit-required confined spaces; precautions that must be taken before a confined space is entered; signs, symptoms, and effects of exposure to confined space hazards; roles and responsibilities of each member of the confined space entry team; steps of a basic confined space entry sequence; and responsibilities of the emergency rescue team.

## Electrical Safety: Training for Unqualified Employees (28 min.)

**DM-45390 (With EyeCue® Visual Learning System)** 

**DM-45395 SPANISH (With EyeCue® Visual Learning System)** 

Addresses how electricity works, illustrates common electrical hazards, gives simple explanation of the risks and dangers of Arc Flash and Arc Blast, provides common sense approaches to making sure employees know how to stay safe around electricity, and explains what to do and most importantly what not to do when confronted with an electrical emergency situation. Please note that Electrical Safety: Training for Unqualified Employees provides foundational training.

## Fall Protection for General Industry (16 min.)

**DM-50512**

**DM-50513 SPANISH**

This program is designed to help learners understand OSHA's requirements for working with various types of fall protection. Specifically, it covers potential hazards and protective measures employees can take while working on elevated working platforms or runways, or near floor, wall, or window openings to help prevent injuries. It also summarizes employer requirements to protect workers from fall hazards and identifies various forms of fall protection, as well as scenarios when each would be appropriate.

**NEW**

## Fire Prevention & Response: What Employees Need to Know (28 min.)

**DM-43219 (With EyeCue® Visual Learning System)** 

**DM-49292 SPANISH (With EyeCue® Visual Learning System)** 

Covers key aspects of workplace fire safety training, including the dangers of fire and why rapid evacuation is critical during a fire; the importance of good housekeeping in fire prevention; requirements for keeping exit routes and areas around fire alarms and fire extinguishers clear; the need for a fire emergency action plan; and evacuation procedures. It also delivers essential information on fire extinguishers and demonstrates the proper use of CO2 and ABC dry chemical extinguishers.

**Forklift Workshop (38 min.)**

**DM-41835 (With EyeCue® Visual Learning System)** 

**DM-43224 SPANISH (With EyeCue® Visual Learning System)** 

This program combines classroom learning and experience in the actual workplace. It covers general safety rules, pre-operation and operational inspections, controlling the forklift, load handling, turning radius, center of gravity, the stability triangle, safety procedures for refueling, charging and changing batteries, and forklift maintenance. Also covers: parking a forklift; working in a truck, trailer or railcar; awareness of carbon monoxide and other hazardous emissions; dealing with ramps, inclines and grades; dealing with narrow aisles and railroad tracks; cornering techniques and safety considerations for specialized units and attachments.



**Forklifts: Ultimate Hazard Perception Challenge (51 min.)**

**DM-28143**

This program helps satisfy the training requirements of OSHA's Powered Industrial Truck Standard (1910.178). Scenarios include keeping the forklift and load stable; dealing with pedestrians; traveling on ramps; backing in tight areas; handling corners and intersections; working in trailers; operating with an obstructed view; keeping all body parts in the protective frame; traveling with or without a load; placing loads; mounting freight elevators; crossing railroad tracks; overhead hazards; and using attachments.

**Hand and Foot Protection: PPE Employee Essentials (13 min.)**

**DM-43972**

**DM-43974 SPANISH**

Helps employees understand the need for hand and foot PPE and how to properly don, doff, adjust, wear and care for their PPE. Covers how to recognize the hazards each piece of PPE is designed to protect them against, so they have the knowledge they need to always wear the right PPE the right way.

**HazCom: What You Need to Know (incl. GHS provisions) (23 min.)**

**DM-26129**

**DM-26130 SPANISH**

This program helps you comply with the initial and refresher training requirements of the Hazard Communication Standard (29 CFR 1910.1200) and the GHS provisions. In addition to addressing the regulatory information, it also includes practical information that employees can use every day. The program addresses the revised standard and how the changes will help protect employees when they work with chemical hazards. The program will assist you with all required HazCom training, including: chemical inventory and what it can tell you; how to read the GHS-style Safety Data Sheets (and the new GHS specified, 16-section format); what GHS-style labels container labels are telling you; and the written Hazard Communication plan.



**HAZWOPER: Emergency Response Training for Employees (23 min.)**

**DM-24525**

Affordable training program helps you provide on-site emergency response teams with training on the emergency response requirements of OSHA's HAZWOPER regulation. This video helps explain what is expected of team members prior to, during and after a hazardous chemical incident, according to the five levels of involvement specified by OSHA.



**Head, Eye, and Face Protection: PPE Employee Essentials (15 min.)**

**DM-43992**

**DM-43993 SPANISH**

Helps employees understand the need for head, eye and face PPE and how to properly don, doff, adjust, wear and care for their PPE. Covers how to recognize the hazards each piece of PPE is designed to protect them against, so they have the knowledge they need to always wear the right PPE the right way.

**Hearing and Respiratory Protection: PPE Employee Essentials (18 min.)**

**DM-43977**

**DM-43991 SPANISH**

Helps employees understand the need for hearing and respiratory PPE and how to properly don, doff, adjust, wear and care for their PPE. Covers how to recognize the hazards each piece of PPE is designed to protect them against, so they have the knowledge they need to always wear the right PPE the right way.

**Hot Work: Safety Operations Training (20 min.)**

**DM-48577**

Provides an introduction to the basics of hot work and explains how to recognize hot work hazards and how to avoid them. Also describes protective measures employees can take to protect themselves and explains what to do and what not to do in the event of a hot work emergency and/or injuries.

## Ladder Safety in General Industry (18 min.)

DM-50511

DM-50490 SPANISH

This program is designed to help learners understand OSHA's requirements for working with ladders. Specifically, it identifies different types of ladders and their main components; explains how to recognize potential hazards related to ladders; and describes protective measures they can take while working with ladders to help keep them safe.



## Lockout/Tagout: Put a Lock on Hazardous Energy (30 min.)

DM-41832 (With EyeCue® Visual Learning System)

DM-49285 SPANISH (With EyeCue® Visual Learning System)

Provides clear definitions on the roles and responsibilities of the three types of employees affected by the lockout/tagout process (authorized, affected, and other). It also covers the common types of hazardous energy; energy isolating devices; OSHA's definition of "lockout" and "tagout" and when each can be used; OSHA's requirements for locks and tags used for lockout/tagout; required steps in a typical lockout/tagout procedure; and common exceptions and special situations to lockout/tagout.

## Motorized Pallet Jacks: Safe Operation (21 min.)

DM-38922

Explains OSHA's training requirements and the similarities and differences between the two most common types of motorized pallet jacks: "walkies" and "walkie-riders." Provides an overview of basic functions and controls common to most pallet jacks, demonstrates safe operating procedures, includes tips for performing a pre-use inspection, explains how to safely pickup and travel with a load, and covers requirements for parking a pallet jack and shutdown procedures for the end of the day. Also covers common pallet jacks accidents, navigating on ramps and inclines, and maneuvering in tight spaces.

## Personal Protective Equipment: Employee Essentials (30 min.)

DM-44172 (With EyeCue® Visual Learning System)

DM-49293 SPANISH (With EyeCue® Visual Learning System)

Helps employees understand the need for PPE and how to properly don, doff, adjust, wear and care for their PPE. It also covers how to recognize the hazards each piece of PPE is designed to protect them against, so they have the knowledge they need to always wear the right PPE the right way. Covers six required areas of PPE: head protection, eye and face protection, hearing protection, respiratory protection, hand protection, and foot protection.

## Respiratory Protection: Breathing Safely (28 min.)

DM-42736 (With EyeCue® Visual Learning System)

DM-49286 SPANISH (With EyeCue® Visual Learning System)

This program addresses the key elements OSHA requires for respiratory protection training (CFR 1910.134), including: the importance of proper respiratory protection; respirator selection; the medical evaluation; the fit test; how to inspect the respirator; how to conduct a proper seal check; cleaning and storage methods; and respirator limitations.



## Slips, Trips & Falls: Hazard Perception Challenge (36 min)

DM-43218 (With EyeCue® Visual Learning System)

This program will involve your employees, sharpen their awareness skills, and give them practical solutions for avoiding or eliminating hazards, reducing injuries, staying healthy, and contributing to your bottom line. And because its unique "watch and react" format requires participation, employees will stay focused and engaged in training. It features video scenarios that address a variety of real-life hazards employees face, as they relate to: general housekeeping, ladders, stairs, elevated surfaces, scissor lifts, and floor openings. **This title incorporates necessary changes based on OSHA's "Walking-Working Surfaces" rule published November 18, 2016.**

## Walking-Working Surfaces: What You Need to Know for Employees (13 min.)

DM-50515

DM-50514 SPANISH

This program is designed to help employees understand how they and their job responsibilities may be impacted under the new standard. It covers the impact of the Walking-Working Surfaces standard and defines employees' responsibilities in terms of hazard assessments, inspections, fall protection, and training.



# WORKPLACE SAFETY

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## Walking-Working Surfaces: What You Need to Know for Supervisors (16 min.)

DM-50632

DM-50631 SPANISH

This program is designed to help managers and safety personnel understand the Walking-Working Surfaces rule and their responsibilities under the new standard. It explains how to recognize when a hazard assessment is required, identifies when an inspection is required, describes various fall protection options, covers how to determine when/if training or re-training is required, and explains how to identify a qualified person(s) to develop and conduct the training.



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## Workplace Safety Basics (52 min.)

DM-49775

DM-49776 SPANISH

This program is designed to provide a high-level overview of multiple workplace safety topics and safety tips. It demonstrate safe work practices and procedures ; identifies specific workspace arrangements that help maintain safety in the workplace; explains how to recognize the hazards associated with using tools and equipment and identifies ways to operate them safely; and describes the appropriate actions to take based on their level of authorization in the event an emergency occurs.



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